



Retreat

COST

L.I.F.E Retreats are free to the participants through a Grant from the Gibney Foundation. However, if you would like to make a donation to Saavi Services for the Blind directly to support the Independent Living Blind Senior programming, please visit our website at www.saavi.us/donate or send a check to

Saavi Services for the Blind

3350 E. Grant Rd
Tucson, Az 85716

ELIGIBILITY

Participants must be legally blind or have a serious change of vision. They must have a strong desire to learn nonvisual techniques taught by competent blind instructors. You must be over the age of 55 but you do not have to be a current ILB or VR client to apply.

REGISTRATION FORM

Please contact **Felicia Vazquez** at fvazquez@saavi.us or 520-795-1331 ext. 256 to do the intake form.

LIVING INDEPENDENTLY THROUGH FOUNDATIONAL EXPERIENCES

Learn the blindness skills you need to live the life you earned at Saavi's L.I.F.E. Retreat. If you are over the age of 55 and you are experiencing vision loss, the "Living Independently through Foundational Experiences" Retreat is for you! Come gain the skills and resources to independently live the life that you have earned through basic nonvisual skills training, community experiences and positive group connection.

Participants will receive nonvisual training in assistive technology, Braille, cane travel, independent living skills and health and wellness activities. Additionally, participants can look forward to social group activities such as audio described movie nights, karaoke, bingo, bowling etc.

DATES & LOCATIONS

DAY PROGRAM

Tucson at Saavi Services for the Blind, October 3rd – 7th
Phoenix at Saavi Services for the Blind, October 17th – 21st

OVERNIGHT AT AIRBNB

Flagstaff, Location TBD, November 14th through 18th
Mohave County, Location TBD, January 23rd – 27th

ADDITIONAL INFORMATION

If you have questions and need additional information, please contact: **Mohammed Falah**, Itinerant Services and Independent Living Blind Manager

Phone: 520-795-1331 ext. 233

Email: mfalah@saavi.us